

Hi Everyone,

Firstly Happy New Year, hope it's a good one for all of us.

Excuse me for writing to you like this, but I'm hoping for your support in raising donations for Cancer Research UK (CRUK). Aoife, my baby granddaughter, at 5 months, was diagnosed with Acute Lymphoblastic Leukaemia (ALL) and it was "touch and go" for a while. The family have had fantastic support from many agencies, even benefitting from all those pennies you see in plastic boxes in McDonalds. They sponsor the Ronald McDonald homes that provide family accommodation at various hospitals.

Various family members are doing differing things to raise funds for many charities, but I have decided on CRUK. She would not be here if it wasn't for the protocols developed in worldwide trials and sponsored by CRUK. Aoife is enrolled in the current trial, and all her results and data are adding to the knowledge, and the quest for continual development of the treatment of ALL especially in the areas of less aggressive treatments for all, but particularly babies.

The good news is that half way through her Chemotherapy all her results, to date, have been as predicted, she is gaining weight, is really smiley and knows what you all have known for years – her granddad's a daft old sod.

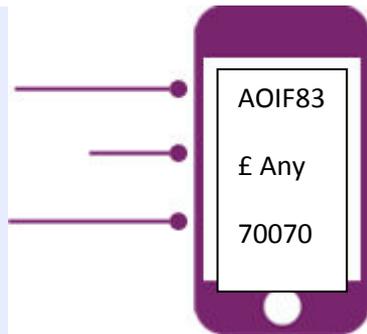
On June 6th I am embarking on "The Longest Day". By motorcycle I'm leaving Lowestoft – the most easterly mainland point of the British Isles at sunrise, I intend to have walked (you run out of roads) to Garrouns Point, Dingle, Ireland –most westerly - before sunset on the same day. It's 600 miles by bike, a ferry crossing and a bit of a walk at the end.

If you would like to sponsor me please visit my site at www.justgiving.com/Don-Wood

You will be able to read more about why I am doing this, and see the work that CRUK are involved in.

You can also donate free by text. See details below on how to do that. There is no charge to you, all the money goes to charity. Please tick for gift aid – that increases your donation by 25% at no cost to you.

It's easy to donate. Simply text the code **AOIF83** and an amount (£?) to **70070**



You can add Gift Aid at no extra cost.

Thanks, in anticipation. I'll post updates and progress on my site regularly.

Keep it shiny side up.



Don Wood.